

**Bring Out Your Inner Artist! With Rose Adams**

**Program May 22-24, 2015. Antigonish**

**Friday Evening: PERCEIVING DEMENTIA THROUGH AN ARTIST'S EYES**

Visual artist and educator Rose Adams will share her story of being an artist in residence at the QEII Memory Disability Clinic. Her power point presentation will chart the stories of the patients she met, and how she represented their experiences with dementia in her artwork. She will show how she has continued to explore issues of the brain, memory and anatomy in her artwork since that experience. There will be opportunities for audience interaction and dialogue at the end of her presentation.

**Time: 7:00-9:00 pm**

**Location: StFX Art Gallery Admission by Donation**

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**Saturday Morning: FINDING YOUR OWN CREATIVE PROCESS**

Through an experiential exercise, workshop participants will be encouraged to identify and explore their own creative process. Every participant will be creating a spontaneous work of art, craft, or design from a "kit" of assembled materials, which each registrant will be instructed to bring with them after ransacking their recycle bags or even garbage bins!

Absolutely no experience necessary, but this workshop is limited to 20 people, so register early!

**Time: 9:30am-12:00 noon**

**Location: StFX Art Gallery \$20**

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**Saturday Afternoon: DRAWING OUT YOUR INNER ARTIST**

This workshop will consist of a series of exercises that will have you drawing in two extremes: first, with emotive mark-making and fast collective drawing, and then slowing down to really see and get into the "drawing zone". These energizing and highly creative exercises are of Rose's own design, but the slowing down exercises are gleaned from Betty Edwards' *Drawing On the Right Side of the Brain*.

This workshop is also limited to 20 people, so please register.

**Time: 1:30 pm-4.00pm**

**Location: StFX Art Gallery \$20**

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### **Saturday Evening: POETRY AND PAINT**

This evening event will be part story, part poetry, and part visual art. Rose will be presenting a “dialogue” between her drawings/paintings/art and her poems, and will be projecting visual images of paintings and drawings that have some relationship to her written work. She will then open up the mic for others to show their own visual images, or read poems, or simply share their life stories about art, life, and healing.

A generous selection of savories and sweets will be included in this event, plus tea and coffee.

***Time: 7:30 pm-9:30pm***

***Location: St FX Art Gallery Admission by Donation***

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### **Sunday Morning: MENTAL HEALTH AND NEW HORIZONS IN ART-MAKING**

This final workshop will link to a project held annually at the Craig Gallery, Alderney Landing, now in its 17<sup>th</sup> year. Participants will create their personal works of art on 6” x 6” tiles, which will then be sold to benefit the Canadian Mental Health Association. A variety of materials will be provided for participants to work with during the workshop. The theme of this year’s Mosaic sale is “Horizons.” The squares will be provided and the finished squares can be picked up at a later date. Rose will bring brochures and other information about this event.

This workshop is also limited to 20 people, so please register.

***Time: 10:00am-12:00 noon***

***Location: StFX Art Gallery \$20***

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### **PAYMENTS**

The opening talk on Friday night and the Saturday evening open mic are open to the public, and donations will be accepted at the door. Saturday and Sunday sessions are \$20 each, or \$50 if registering for all three sessions. NOTE that pre-registration is required for these three sessions, because of limitations on the number of participants.

**GENEROSITY OPTION** – If you are a student, artist, senior or unwaged you may use the Generosity Option. Please select all the sessions on the registration form that you will be attending and then select PAY AT THE DOOR and give according to your means.



### **Directions to StFX Art Gallery**

Ground floor of Bloomfield Centre. StFX Campus, Antigonish NS

### ***Sponsored By:***



## **REGISTER ONLINE**

**<http://conta.cc/1QG15ax>**