

## **Arpeggio Health Services:** ***Upcoming Training Sessions***

### **Mental Health First Aid Basic Training (12 hours)**

Thursday & Friday, June 15 & 16, 2017

9:00 a.m. - 4:00 p.m. each day

Old Orchard Inn – Salon 304

153 Greenwich Road South

Wolfville, NS

Course fee: \$185.00 per person + 15% HST = \$212.75 TOTAL

### **Mental Health First Aid Basic Training (12 hours)**

Monday & Tuesday, June 19 & 20, 2017

9:00 a.m. - 4:00 p.m. each day

Best Western Glengarry – Salon E

150 Willow Street

Truro, NS

Course fee: \$185.00 per person + 15% HST = \$212.75 TOTAL

### **Mental Health First Aid: Adults who Interact with Youth (14 hours)**

Wednesday & Thursday, June 21 & 22, 2017

9:00 a.m. - 5:00 p.m. each day

Maritime Inn – Celtic Room

158 Main Street

Antigonish, NS

Course fee: \$200.00 per person + 15% HST = \$230.00 TOTAL

### **safeTALK Suicide Alertness Training (3½ hours)**

Thursday, June 22, 2017

5:30 – 9:00 p.m.

Maritime Inn – Celtic Room

158 Main Street

Antigonish, NS

Course fee: \$60.00 per person + 15% HST = \$69.00 TOTAL

### ***\*NEW!* Mental Health First Aid for Seniors (14 hours)**

Wednesday & Thursday, September 13 & 14, 2017

9:00 a.m. - 5:00 p.m. each day

Future Inn – Maple Room

30 Fairfax Drive

Halifax, NS

Course fee: \$200.00 per person + 15% HST = \$230.00 TOTAL

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Standard training sessions include **Mental Health First Aid Basic Training**, **Mental Health First Aid for Seniors**, **Mental Health First Aid: Adults who Interact with Youth** and **safeTALK: Suicide Alertness**. Our regular training rotation includes sessions in Saint John, Fredericton, Moncton, Miramichi, Amherst, Wolfville, Halifax, Yarmouth, Sydney, Antigonish, Truro, Charlottetown and more!

Visit [www.arpeggiomusictherapy.com](http://www.arpeggiomusictherapy.com) and click the "Education & Training" link for further information and online registration. Please continue to check our website for the most up-to-date course schedule. Our Fall 2017 training schedule will be confirmed in mid to late June.

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**PLEASE NOTE:** All course fees are subject to the rate of Harmonized Sales Tax charged by the province in which each training session takes place. Arpeggio Music Therapy's Registered HST number (Canada Revenue Agency tax number) will be available on receipts, which are distributed to participants at the training.

Three registration options are available:

- 1) Register online at <http://arpeggio.anchor87.com> and submit payment through PayPal; or
- 2) Complete the attached registration form (PDF format) and return via email or regular mail, and submit payment by sending an e-transfer to [mhfa@email.com](mailto:mhfa@email.com) with a separate email containing the answer to your security question; or
- 3) Complete the attached registration form (PDF format) and return via email or regular mail, and submit payment by mailing a cheque or money order (invoice available upon request)

Course fees include participant manuals, all course materials, and light refreshments. Please be aware that there is a minimum number of people required to run each course; in the event that this number is not reached the course will be cancelled. There is also a maximum number of participants for each course, so be sure to register early. Please contact **Elizabeth Eldridge**, Certified Mental Health First Aid Canada and safeTALK Suicide Alertness Training Instructor, at [mhfa@email.com](mailto:mhfa@email.com) with any questions or to join our mailing list (appx. 6 emails per year). Group rates and in-house workshops are available—contact us for a quote today!